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South African Breweries Graduate Internships 2025 / 2026 | SAB Internships

Hiring organization
South African Breweries

Employment Type
Intern

Duration of employment
24-months

Industry
Food and Beverage Services

Job Location
Sandton, Gauteng, South Africa, Sandton, Gauteng, South Africa

Working Hours
09

Date posted
October 30, 2025

Valid through
06.06.2029

Description

South African Breweries (SAB) is inviting ambitious and talented graduates to join its Graduate Internship Programme 2026. This exciting opportunity is designed to grow and develop future leaders by building technical capability, enhancing professional skills, and offering cross-functional exposure in a dynamic corporate environment.

The SAB Trainee Programme provides graduates with a platform to unleash their potential, tackle real business challenges, and make a lasting impact within one of South Africa's leading companies.

About the Program

- A 24-month competitive training program with segmented fixed-term contracts.
- Progression through the program is based on robust performance evaluations.
- Gain experience through 6-month rotational cycles across different departments and teams.
- Learning follows the 70-20-10 model:
    - 70% from hands-on experiences and challenging projects
    - 20% from mentoring and developmental relationships
    - 10% from formal coursework and training
- Encourages innovation, risk-taking, and problem-solving in a collaborative environment.
- After successful completion, candidates may apply for permanent roles within SAB.

Available Graduate Opportunities

1. DynamX Trainee Programme

Qualification:
Bachelor's Degree or equivalent in any of the following:

- Finance
- Human Resources / Psychology
- Marketing

- Technology
- Engineering
- Supply Chain Management
- Logistics

2. DynamX Logistics Trainee Programme

Qualification:
Bachelor's Degree or equivalent in:

- Industrial Engineering
- Supply Chain Management
- Logistics

3. Engineering Trainee Programme

Qualification:
BSc, BEng, or BTech in:

- Mechanical Engineering
- Electrical / Electronics Engineering
- Energy / Mechatronics Engineering
- Chemical Engineering
- Biotechnology
- Analytical Chemistry
- Chemistry
- Biology

4. Procurement Trainee Programme

Qualification:
Bachelor's Degree or equivalent in:

- Supply Chain Management
- Logistics
- Industrial Engineering

Why Join SAB?

- Gain real-world experience with a global leader in the brewing industry.
- Work in a fast-paced, innovative, and inclusive environment.
- Build a foundation for a rewarding career through continuous learning and growth.
- Become part of a brand that celebrates excellence, collaboration, and impact.

How to Apply

Interested graduates who meet the eligibility criteria are encouraged to visit the official South African Breweries (SAB) careers page and apply for the relevant programme.