



<https://internforza.online/job/pick-n-pay-south-africa-internship-programme-2/>

## Pick n Pay South Africa Internship Programme | 2025-2026

### About the Internship Programme

Pick n Pay's Internship Programme is designed to provide graduates and young professionals with hands-on experience, mentorship, and training across various departments of the business. Interns will have the opportunity to learn from industry experts and be part of a dynamic, customer-centric team.

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### Fields Available for Internship

Internship opportunities may be available in the following fields (subject to availability):

- Retail Operations
- Supply Chain & Logistics
- Information Technology
- Finance & Accounting
- Marketing & Communications
- Human Resources
- Data Analytics
- Legal & Compliance
- Buying & Merchandising
- Pharmacy (Retail Pharmacy Internships)

### Minimum Requirements

- South African citizenship or valid South African work permit
- Completed or final year of a relevant diploma or degree
- Strong academic record
- Good communication and interpersonal skills
- Willingness to learn and grow
- Ability to work in a fast-paced retail environment
- Proficiency in MS Office Suite is advantageous

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### What You'll Gain

- Practical workplace experience in a leading retail environment
- Structured mentorship and training
- Exposure to real projects and challenges
- Opportunity to build a professional network
- Possibility of permanent employment based on performance and business needs

### How to Apply?

Follow these steps to apply for an internship at Pick n Pay:

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### Hiring organization

Pick n Pay

### Employment Type

Intern

### Duration of employment

12-months

### Industry

Retail

### Job Location

Kenilworth, Western Cape, South Africa, 7735, Kenilworth, Western Cape, South Africa

### Working Hours

09

### Date posted

April 19, 2025

### Valid through

April 19, 2026

- **Visit the Careers Website:**

Go to the official Pick n Pay Careers Portal:

<https://careers.picknpay.co.za>

- **Search for Internship Opportunities:**

- In the search bar or under the “Job Category” section, type “Internship” or browse for available graduate and internship programmes.
- Filter by **location** if needed (e.g., Gauteng, Western Cape, etc.).

- **Select Your Preferred Internship:**

- Click on the internship opportunity that matches your field of study or career interest.
- Read the job description, requirements, and location carefully.

- **Register or Log In:**

- If you are a new user, you’ll need to create an account with your email address and a password.
- If you already have an account, simply log in.

- **Complete Your Profile:**

- Fill in all required personal and academic information.
- Upload your CV, cover letter, ID document, and academic transcripts (certified copies may be requested).

- **Submit Your Application:**

- Review your information to ensure everything is correct.
- Click “**Apply**” to submit your application.
- **Keep an Eye on Your Email:**
  - You may be contacted via email or phone for interviews or further assessments.
  - Make sure your contact details are up to date.