



<https://internforza.online/job/bidfoods-yes-internship-programme-2026/>

Bidfood Youth Employment Service (YES) Internship 2026

Description

Bidfood is proud to invite passionate, driven, and committed young South Africans to apply for the YES (Youth Employment Service) Internship Programme 2026. This programme offers an exciting opportunity to gain meaningful work experience, develop essential workplace skills, and explore career pathways within the foodservice, wholesale, and retail sector. We are looking for enthusiastic individuals with grit, a strong work ethic, and a positive attitude—young people who are eager to learn and grow while contributing to Bidfood's dynamic working environment.

What We Offer

- A 12-month fixed-term work experience placement
- Hands-on learning in a fast-paced Wholesale & Retail environment
- Exposure to various departments and career pathways within Bidfood
- Ongoing professional development, coaching, and mentoring
- Practical workplace experience that enhances employability

Minimum Requirements

- Grade 12 / Matric certificate
- South African citizen aged 18–35 years
- Currently unemployed and seeking work experience
- Not currently registered as a full-time student
- Must not have participated in the YES Programme before
- Willing and able to commit to the full 12-month programme
- Eager to learn, adaptable, and a strong team player

How to Apply

Interested candidates should submit the following documents:

- Updated CV
- Copy of highest qualification

Email your application to:

careers.linkedin@bidfood.co.za

Subject Line: *YES Programme Bloemfontein*

Hiring organization

Bidfood

Employment Type

Intern

Duration of employment

12-months

Industry

Food and Beverage Retail

Job Location

Bloemfontein, South Africa

Working Hours

09

Date posted

December 18, 2025

Valid through

18.12.2029